School-Level COVID-19 Management Plan

Template For School Year 2022-23

Insert district logo

School/District/Program Information	
District or Education Service District Name and ID:	
School or Program Name: <u>Cascade High School</u>	
Contact Name and Title: <u>Pete Rasmussen</u>	
Contact Phone:503-749-8020_x2901	Contact Email: <u>prasmussene@cascade.k12.or.us</u>

Table 1.

***	Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.
Communicable Disease	Cascade School District Communicable Disease Policies https://drive.google.com/file/d/1F8ePJjWLbTYyKj0tQP1KBU8sVNhhNRJy/view
Exclusion of students and staff who are diagnosed	Cascade School District Exclusion Guidelines In addition to COVID-19 symptoms, individuals should be excluded from school for signs of other infectious diseases, per existing school policy and protocols.
program including a dedicated space to isolate sick students and to provide services for students with special health care needs. OAR 581-022-2220	https://drive.google.com/file/d/1F8ePJjWLbTYyKj0tQP1KBU8sVNhhNRJy/view Also include: Additional information about the Isolation Plan can be found on pages 47-54 and pages 67-68 of the district's Communicable Disease Plan. Individuals who report or develop symptoms will be isolated in a designated area in the building, with adequate space and staff supervision and symptom monitoring by a District nurse, other school-based health care provider or school staff until they are able to go home. If more than one individual becomes symptomatic and separate rooms are not available, staff will ensure that six feet distance is maintained. Staff who may provide care for individuals in the designated area will

6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Policies, protocols, procedures and plans already in place Provide hyperlinks to any documents or other resources currently utilized in your school/district. Consider adding a brief description about how each is used within your school.
	receive training with regards to procedures, aspects of care, hygiene, and use of PPE from District Nurses.
	Isolation protocol is described in detail on pages 47-54 and pages 67-68 of the CSD Communicable Disease Management Plan.
Educator Vaccination	CSD will adhere to the OHA rule regarding education staff
OAR 333-019-1030	to be vaccinated or have an approved exception in order to work in our school district.
Emergency Plan or Emergency Operations Plan	Each classroom, office, and building has an Emergency Response Manual posted by the exit. All staff are trained at least annually on plans for responding to emergency situations as well as on accident prevention. Cascade School
OAR 581-022-2225	District has a Safety Committee that meets on a monthly basis. Facilities are inspected on a regular basis to assure that facilities and programs are maintained and operated in a manner which protects the safety of all students and employees.
	All students are instructed and have drills on emergency procedures in compliance with ORS 336.071 and include drills and instruction on 1)Fires; 2)Earthquakes; and 3)Safety Threats.
Additional documents reference here:	



SECTION 1. Clarifying Roles and Responsibilities

Identifying roles central to communicable disease management. Clarifying responsibilities related to communicable disease response is a first step in keeping

communities healthy and safe. In general, decisions of school health and safety reside with school and district officials. Together with local public health officials, school/district administrators should consult a variety of individuals when making decisions about health and safety in school.

Table 2.

Roles and Responsibilities

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Building Lead / Administrator	 Educates staff, families, and students on policies regarding visitors and volunteers, ensuring health and safety are being maintained. In consultation with district leadership and LPHA staff, determines the level and type of response that is required/necessary. Acts as key spokesperson to communicate health-related matters within school community members, health partners, and other local partners. 	Building Principal – Pete Rasmussen	Assistant Principal – Tyler Woodral Toni Wallisa James Rise
School Safety Team Representative (or staff member knowledgeable about risks within a school, emergency response, or operations planning)	 Trains staff at the start of the academic year and at periodic intervals on communicable disease management procedures. Leads debrief of communicable disease event, informing continuous improvement of the planning, prevention, response, and recovery system. 	Building Principal – Pete Rasmussen Krista Gray, District RN Name of Safety Committee Staff Member	Assistant Principal – Tyler Woodral Toni Wallisa James Rise
Health Representative (health aid, administrator, school/district nurse, ESD support)	 Supports building lead/administrator in determining the level and type of response that is necessary. Reports to the LPHA any cluster of illness among staff or students. Provides requested logs and information to the LPHA in a timely manner. 	Krista Gray, District RN	

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
School Support Staff as needed (transportation, food service, maintenance/custodial)	 Advises on prevention/response procedures that are required to maintain student services. 	Mid-Columbia Bus Company Chris Facha, Director of Nutrition Services Joe Lulay, Plant Operations Director Bryan Dyer, Safety Coordinator	
Communications Lead (staff member responsible for ensuring internal/external messaging is completed)	 Ensures accurate, clear, and timely information is communicated including those who may have been exposed, a description of how the school is responding, and action community members can take to protect their health. Shares communications in all languages relevant to school community. 	Building Principal – Pete Rasmussen Krista Gray, RN Director of Communications	Assistant Principals – Tyler Woodral Toni Wallisa James Rise
District Level Leadership Support (staff member in which to consult surrounding a communicable disease event)	 Has responsibility over COVID-19 response during periods of high transmission. May act as school level support to Building lead/Administrator activating a scaled response. Responds to media inquiries during the communicable disease event and ensures that those responsible for communication are designated speakers. 	Darin Drill, Superintendent	Dawn Moorefield, Assistant Superintendent

School planning team members	Responsibilities:	Primary Contact (Name/Title):	Alternative Contact:
Main Contact within Local Public Health Authority (LPHA)	 Notifies Building Lead/Administrator of communicable disease outbreak and offers recommendations for appropriate response. Key spokesperson to communicate on health-related matters with community members, health facility staff, and other local community partners. 	Krista Gray, RN	
Others as identified by team			



Section 2. Equity and Mental Health

Preparing a plan that centers equity and supports mental health

Preparing a school to manage COVID-19 requires an inclusive and holistic approach to protect access to in-person learning for all students. In this section suggested resources are offered to help prepare for COVID-19 management while centering an equitable and caring response.

Centering Equity

Identify existing district or school plans and tools that can be utilized when centering equity in prevention, response, and recovery from incidents of COVID-19 (e.g., district or school equity plans/stances/lenses/decision tools, Equity Committee or Team protocols, district or school systems for including student voice, existing agreements or community engagement or consultation models, Tribal Consultation¹, etc.)

¹ Tribal Consultation is a separate process from stakeholder engagement; consultation recognizes and affirms tribal rights of self-government and tribal sovereignty, and mandates state government to work with American Indian nations on a government-to-government basis.

- The CSD Communicable Disease Management Plan was developed by an administrative team representative of the entire district and community, including local partners. The Team consulted the Equity Lens in addition to the OAR to ensure that the resulting protocols serve the health and safety of all students, staff and visitors indiscriminately.
- All communications will be provided in English and Spanish and delivered to families in their preferred language.
- In an effort to reach all audiences the district will continue communicating in multiple modalities to share updated information.
- Isolation Protocols apply equally to all students and staff.

Suggested Resources:

- 1. Equity Decision Tools for School Leaders
- 2. Oregon Data for Decisions Guide
- 3. Oregon's COVID-19 Data Dashboards by Oregon Health Authority COVID-19
- 4. Data for Decisions Dashboard
- 5. Community Engagement Toolkit
- 6. Tribal Consultation Toolkit

Table 3. Centering Equity

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OHA/ODE Recommendation(s)	Response:
Describe how you identify those in your school setting that are disproportionately impacted by COVID-19 and which students and families may need differentiated or additional support.	Identifying those that are disproportionately impacted by COVID-19 and which students and families may need different services is an individualized process that requires the school team to review all relevant information regarding student's overall progress and access to education which may include COVID-19 school closures, distance learning, limited in person instruction, and quarantine periods.
Describe the process by which the school will implement a differentiated plan for those that are disproportionately impacted, historically underserved or at higher risk of negative impacts or complications related to COVID-19.	The school team will consider the needs of the student regarding the need for Individualized COVID-19 Recovery Services. The team will consider evidence such as: progress reports, attendance, input from team members, rate of learning, etc. The team will document the discussion and decision about recovery services in meeting notes and develop an appropriate plan.
What support, training or logistics need to be in place to ensure that the named strategies are understood, implemented, and monitored successfully.	Beginning of the year staff meetings and trainings and additional trainings as needed throughout the school year.

Mental Health Supports

Schools are encouraged to continue to prioritize cultivating care, connection, and community to support the mental, emotional, and social health and well-being of students, families, staff, and administrators.

Identify existing district or school plans and tools that can be utilized in supporting student and staff wellbeing and mental health during prevention, response, and recovery from incidents of COVID-19 (e.g., counseling services; partnerships with community mental and behavioral health providers; school district suicide prevention, intervention, and postvention plan; School Based Health Center resources; tribal resources, etc.)

- DESSA
- RULER
- Access to Trillium Family Services



Suggested Resources:

- 1. ODE Mental Health Toolkit
- 2. Care and Connection Program
- 3. Statewide interactive map of Care and Connection examples
- 4. Care and Connection District Examples
- 5. Oregon Health Authority Youth Suicide Prevention

Table 4.

Mental Health Supports

OHA/ODE Recommendation(s)	Response:
for students and staff to connect	Each school has developed relationship building processes to address time for students and staff to connect and build relationships. Examples include: 1. After school clubs, athletics, summer school camps & athletic and fine arts programs 2. Peer Mentor Program 3. Professional development: Collaborative Problem Solving, SEL, Trauma Informed Care,
Describe now you will elisate class	Cascade School District offers a variety of creative outlets and elective offerings which allow and value student expression, including: 1. Creativity Club, Positive affirmation club, yoga. 2. Classroom teachers implemented time for team building and SEL activities. 3. class 4. Reset rooms

OHA/ODE Recommendation(s)	Response:
Describe how you will link staff, students and families with culturally relevant health and mental health services and supports.	The Cascade School District website provides a link to Mental Health Resources available to students and their families. The district also participates in the community's Service Integration Team. In the individual school's health and mental health supports are provided in the following ways: 1. Trillium Services 2. School Counseling services provided 3. Skills Trainers 4. Grade level team meetings 5. Administrative leadership meetings 6. Staff meetings
Describe how you will foster peer/student lead initiatives on wellbeing and mental health.	Cascade School District schools provide a variety of opportunities focused on wellbeing and mental health. Examples include: 1. Sparrow Club 2. Student council activities at the secondary level 3. Various clubs available for students meet together in a safe environment 4. Reset rooms 5. New student orientations led by students



Section 3. COVID-19 Outbreak Prevention, Response & Recovery:

Implementing mitigation activities, responding to periods of increased transmission, resuming baseline level mitigation, and debriefing actions to improve the process

Planning for and implementing proactive health and safety mitigation measures assists schools in reducing COVID-19 transmission within the school environment for students, staff, and community members. COVID-19 will continue to circulate in our communities and our schools for the indefinite future. Schools will utilize different mitigation measures based on COVID-19 transmission within their facilities and communities. In the following section, teams will document their school's approach to the CDC, OHA and ODE advised health and safety measures at baseline, during increased COVID-19 transmission, and as they roll back the increased mitigating measures, incorporating lessons learned.



Suggested Resources:

- 1. CDC Guidance for COVID-19 Prevention in K-12 Schools
- 2. Communicable Disease Guidance for Schools which includes information regarding
 - Symptom-Based Exclusion Guidelines (pages 8-12)
 - Transmission Routes (pages 29-32)
 - Prevention or Mitigation Measures (pages 5-6)
 - School Attendance Restrictions and Reporting (page 33)
- 3. COVID-19 Investigative Guidelines
- 4. Planning for COVID-19 Scenarios in School
- 5. CDC COVID-19 Community Levels
- 6. Supports for Continuity of Services

Table 5.

COVID-19 Mitigating Measures

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
COVID-19 Vaccination	 CDC, OHA, and ODE recommend COVID-19 vaccination for all eligible individuals. Please include whether your school will offer COVID-19 vaccine clinics or notices about where to access vaccines in your community. CSD will adhere to the OHA rule regarding education staff to be vaccinated in order to work in our school district. CSD will share local clinic information via parent communications. CSD has a Family Resource Center and a Family Support Advocate who can assist families who need support navigating health systems.
Face Coverings	Students, staff, visitors and volunteers may choose to wear a mask at any time.
Isolation	Individuals who report or develop symptoms will be isolated in a designated isolation area in the building, with adequate space and staff supervision and symptom monitoring by a District nurse, other school-based health care provider or school staff until they are able to go home. Isolation protocol is described in detail on pages 47-54 and pages 67-68 of the CSD Communicable Disease Management Plan.
Symptom Screening	Staff and students need to stay home when sick and until 24 hours fever free, without the use of fever-reducing medication.
COVID-19 Testing	OHA offers both <u>diagnostic and screening testing programs</u> to all public and private K-12 schools in Oregon. Please include whether your school will offer diagnostic and screening testing, respectively.
Airflow and Circulation	Ventilation and air purification are district/school mitigation strategies identified in the CSD Communicable Disease Management Plan page 45. The district complies with all state, federal and manufacturer guidelines for upkeep and maintenance of HVAC systems. Filters meet or exceed current standards. Facilities staff monitor buildings and partner with other school staff to implement strategies for improving ventilation and air quality such as opening doors and windows, utilizing fans and exhaust systems and supporting healthier occupancy practices.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	All buildings have been equipped with AIRPHX filtration systems.
Cohorting	This measure will not be used.
	When physical distancing is required, staff, supported by administrators, will ensure students are physically distanced in accordance with current requirements to the extent practicable.
Physical Distancing	The CSD Communicable Disease Management Plan addresses physical distancing and cohorting on pages 43-44.
	These practices are also highlighted in the "Guiding Principles" section beginning on page 40.
	All schools have posted clear signage on how to stop the spread of diseases, including COVID-19, by properly washing hands, covering coughs and sneezes, and properly wearing a face covering.
	Schools will promote everyday protective measures by teaching and reinforcing covering coughs and sneezes among children and staff.
Hand Washing	Schools will promote everyday protective measures by teaching protocols and providing handwashing and/or hand sanitizing facilities easily accessible to both students and staff.
	In our CSD Communicable Disease Management Plan, handwashing and respiratory etiquette (hygiene) are described on pages 39-40. These practices are highlighted in the "Guiding Principles" section of the plan beginning on page 40.
Cleaning and Disinfection	Routine sanitizing of shared areas and flat surfaces.
	District protocols to prevent the spread of COVID-19 will be shared with students, staff and families beginning at the onset of the school year and will continue periodically.
Training and Public Health Education	The CSD Communicable Disease Management Plan referred to repeatedly throughout this document was strategically designed by the team, including public health professionals, to meet OAR requirements but also to serve as a sustainable, consistent source of information for staff, students and their families.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	BASELINE MEASURES: describe what mitigating measures will the school implement all of the time, each and every day of the school year to reduce the spread of COVID-19 and protect in-person instruction?
	The District will continue to use additional communication platforms and consult with local public health professionals to craft and share supplemental information.

Table 6.

COVID-19 Mitigating Measures

OHA/ODE Recommendation(s) Layered Health and Safety Measures	MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect inperson learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).
COVID-19 Vaccination	 CSD will adhere to the OHA rule regarding education staff to be vaccinated in order to work in our school district. CSD will share local clinic information via parent communications. CSD has a Family Resource Center and a Family Support Advocate who can assist families who need support navigating health systems.
Face Coverings	CDC, OHA, and ODE recommend universal use of face coverings during periods of high transmission. Please include whether your school will implement this critical recommendation. Students, staff, visitors and volunteers may choose to wear a mask at any time. CSD will recommend face coverings be worn by students, staff, visitors and volunteers when the county risk level is high.
Isolation	Individuals who report or develop symptoms will be isolated in a designated isolation area in the building, with adequate space and staff supervision and symptom monitoring by a District nurse, other school-based health care provider or school staff until they are able to go home. If more than one individual becomes symptomatic and separate rooms are not available, isolation staff will ensure that six feet distance is maintained.

OHA/ODE Recommendation(s)	MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect inperson learning?
Layered Health and Safety Measures	*Within the community, high transmission is defined at the county level through <u>CDC COVID-19</u> <u>Community Levels</u> . Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).
	Staff who may provide care for individuals in isolation will receive specialized training with regards to isolation space procedures, aspects of care, hygiene, and use of PPE from District Nurses.
	Isolation protocol is described in detail on pages 47-54 and pages 67-68 of the CSD Communicable Disease Management Plan.
Symptom Screening	Staff and students need to stay home when sick and until 24 hours fever free, without the use of fever-reducing medication.
COVID-19 Testing	
	Ventilation and air purification are district/school mitigation strategies identified in the CSD Communicable Disease Management Plan page 45.
Airflow and Circulation	The district complies with all state, federal and manufacturer guidelines for upkeep and maintenance of HVAC systems. Filters meet or exceed current standards.
All flow and Circulation	Facilities staff monitor buildings and partner with other school staff to implement strategies for improving ventilation and air quality such as opening doors and windows, utilizing fans and exhaust systems and supporting healthier occupancy practices.
	All buildings have been equipped with AIRPHX filtration systems.
	Schools should notify their LPHA about unusual respiratory disease activity if the following absence thresholds are met and at least some students are known to have influenza or COVID-like symptoms:
Cohorting ²	 At the school level: ≥ 30% absenteeism, with at least 10 students and staff absent At the cohort level: ≥ 20% absenteeism, with at least 3 students and staff absent

² Cohorting refers to establishing a consistent group of students that stay together for a significant portion of the school day. Examples include stable mealtime cohorts, classrooms, table groups, lunch bunches, and other group situations. Cohorts should be as small as feasible to minimize exposure.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	MEASURES DURING PERIODS OF HIGH TRANSMISSION*: describe what mitigating measures the school will implement during periods of high transmission to reduce the spread of COVID-19 and protect inperson learning? *Within the community, high transmission is defined at the county level through CDC COVID-19 Community Levels. Within a school, high transmission may be defined as high absenteeism or unusual spread within a cohort (e.g., a large outbreak in a classroom).
Physical Distancing	When physical distancing is required, staff, supported by administrators, will ensure students are physically distanced in accordance with current requirements to the extent practicable.
	The CSD Communicable Disease Management Plan addresses physical distancing and cohorting on pages 43-44. These practices are also highlighted in the "Guiding Principles" section beginning on page 40.
	All schools have posted clear signage on how to stop the spread of diseases, including COVID-19, by properly washing hands, covering coughs and sneezes, and properly wearing a face covering. Schools will promote everyday protective measures by teaching and reinforcing covering coughs and sneezes among children and staff.
land Washing	Schools will promote everyday protective measures by teaching protocols and providing handwashing and/or hand sanitizing facilities easily accessible to both students and staff.
	In our CSD Communicable Disease Management Plan, handwashing and respiratory etiquette (hygiene) are described on pages 39-40. These practices are highlighted in the "Guiding Principles" section of the plan beginning on page 40.
Cleaning and Disinfection	
Training and Public Health Education	

Table 7.

COVID-19 Mitigating Measures

OHA/ODE Recommendation(s) Layered Health and Safety Measures	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
COVID-19 Vaccination	 CSD will adhere to the OHA rule regarding education staff to be vaccinated in order to work in our school district. CSD will share local clinic information via parent communications. CSD has a Family Resource Center and a Family Support Advocate who can assist families who need support navigating health systems.
	Students, staff, visitors and volunteers may choose to wear a mask at any time.
Face Coverings	CSD will recommend face coverings be worn by students, staff, visitors and volunteers when the county risk level is high.
	The District will discourage volunteers and visitors in the buildings during periods of high transmission.
	Individuals who report or develop symptoms will be isolated in a designated area in the building, with adequate space and staff supervision and symptom monitoring by a District nurse, other school-based health care provider or school staff until they are able to go home.
Isolation	If more than one individual becomes symptomatic and separate rooms are not available, staff will ensure that six feet distance is maintained.
	Staff who may provide care for individuals in isolation will receive specialized training with regards to isolation space procedures, aspects of care, hygiene, and use of PPE from District Nurses.
	Isolation protocol is described in detail on pages 47-54 and pages 67-68 of the CSD Communicable Disease Management Plan.
Symptom Screening	Staff and students need to stay home when sick and until 24 hours fever free, without the use of fever-reducing medication. Parents will be reminded to screen their children before sending them to school.
COVID-19 Testing	
Airflow and Circulation	Ventilation and air purification are district/school mitigation strategies identified in the CSD Communicable Disease Management Plan page 45.

OHA/ODE Recommendation(s) Layered Health and Safety Measures	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
	The district complies with all state, federal and manufacturer guidelines for upkeep and maintenance of HVAC systems. Filters meet or exceed current standards.
	Facilities staff monitor buildings and partner with other school staff to implement strategies for improving ventilation and air quality such as opening doors and windows, utilizing fans and exhaust systems and supporting healthier occupancy practices.
	All buildings have been equipped with AIRPHX filtration systems.
Cohorting	When cohorting is required, staff will ensure that students are placed into cohorts of students who will stay together during a significant portion of the school day.
	When physical distancing is required, staff, supported by administrators, will ensure students are physically distanced in accordance with current requirements to the extent practicable.
Physical Distancing	The CSD Communicable Disease Management Plan addresses physical distancing and cohorting on pages 43-44.
	These practices are also highlighted in the "Guiding Principles" section beginning on page 40.
	Schools will promote everyday protective measures by teaching and reinforcing covering coughs and sneezes among children and staff.
Hand Washing	Schools will promote everyday protective measures by teaching protocols and providing handwashing and/or hand sanitizing facilities easily accessible to both students and staff.
	In our CSD Communicable Disease Management Plan, handwashing and respiratory etiquette (hygiene) are described on pages 39-40. These practices are highlighted in the "Guiding Principles" section of the plan beginning on page 40.
Cleaning and Disinfection	Disinfection shall occur daily in each classroom. Restrooms, doorknobs, and isolation rooms shall be cleaned multiple times per day and logs of cleaning will be maintained by custodial staff.
Training and Public Health Education	District protocols to prevent the spread of COVID-19 will be shared with students, staff and families beginning at the onset of the school year and will continue periodically.

Recommendation(s)	STEPS FOR GRADUAL RETURN TO BASELINE RESPONSE: describe how does the school will gradually return to a baseline response. Describe how the school team will decide what measure(s) should remain at an increased level which others may not, prioritizing some measure(s) over others. How does the school reduce or make permanent implementation of enhanced mitigation measures once high transmission has ended?
	The CSD Communicable Disease Management Plan referred to repeatedly throughout this document was strategically designed by the team, including public health professionals, to meet OAR requirements but also to serve as a sustainable, consistent source of information for staff, students and their families.
	The District will continue to use additional communication platforms and consult with local public health professionals to craft and share supplemental information.

This plan is viewable at: www.cascade.k12.or.us

Date Last Updated: August 26, 2022 Date Last Practiced: August 2022